



Kathy Ball, President 2018-2019

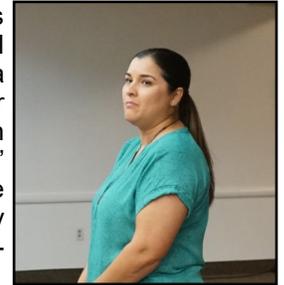
Celebrate Rotary

Number 15 for The Week of October 11, 2018

PROGRAM



Our program, as introduced by Kris Becker, was Jackie Valdez of the Southwest High School Health Occupations Students of America (HOSA) Project who spoke to us about their mental health project. The project deals with prevention and early intervention for students' mental health. It also deals with building future health professionals. There is a course of study in the high school that includes biology, anatomy, physiology and other health related classes.



The problem on both national and state levels is that many students go through a mental health crisis. The purpose of the program is to give student leaders a sense of purpose. The students go to Sacramento on a bus, wear uniforms, build relationships and get to share experiences. The purpose of the program is also to

reduce the likelihood of individuals having a mental health crisis. The organization partners with the Imperial Valley Food Bank and Imperial County Behavioral Health Services. They collaborate in building student leaders. There is a career day in February. The theme was recently "Soaring Above Stigma." This September had a "Suicide Prevention Week. There are resource officers, staff trainings, a suicide prevention hot line and of course a "free hug" station. This is a high school program for grades 9 through 12. They can go through on a pathway to San Diego State University and Imperial Valley College.

After their related high school studies they are able to continue in a health care related program during their freshman year of college. It was pointed out that the local colleges already have a strong nursing program.

Thanks to Jackie Valdez and Matt Phillips for coming and visiting our club. Jackie, thank you for the excellent program and thanks to past president Kris Becker for bringing us the program!

Pledge, Prayer and Song

President Kathy began the meeting with the pledge by Bill Plourd, followed by the blessing/ prayer by Bob Mapes, and the president's taped patriotic song (National Anthem) by a six year old girl at a soccer game was excellent.



Visiting Rotarians and Guests of Rotarians



Our visiting Rotarians consisted of the Marilyn Sanderson, past district governor (2016-2017) of Rotary District 5340 and Marta Knight District Governor Elect-Elect (2020-20210 for Rotary District 5340.

Kris Becker introduced

her guests, Jackie Valdez from the Southwest High School HOSA Mental Health Project, and Matt Phillips the high school principal for Southwest High School.



Whining and Fining



Bob Mapes was fined \$100.00 for having gone missing for over four (4) months. There had been a thought of putting out an “amber alert” for him and his bride Marcia. But it appears that they had disappeared with their trailer. They visited the great lakes and got to swim in all four, including Lake Superior, Lake Huron, Lake Erie, Lake Michigan, and Lake Ontario. Wait that is five (5) lakes! Maybe Bob miscounted his lakes. In any event, Lake Ontario is only

7,320 square miles, so we will just forget that one. Bob and his bride also visited North Dakota (755,000 plus) and Cheyenne, Wyoming (64,000 plus). Although one is a state and the other is a city, they both have about the same population.

Todd Evangelist stood up and bet Bob Mapes that the Spartans would win the Bell Game this year and keep the bell. The amount of the bet

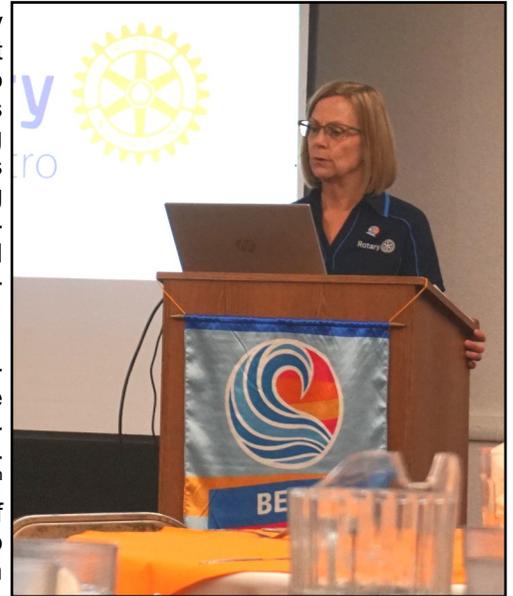


ANNOUNCEMENTS

President Kathy announced that the EL Centro Rotary Club was again supporting George’s Kids and sponsoring their participation in the local gymnastics program.

President Kathy also indicated that the Club was planning a celebration of the 100th Anniversary of the El Centro Rotary Club in 2021-21. Brawley and Calexico follow with their 100th Anniversary in 2022 and 2023. The plan is to have a get together for all of the local clubs and neighboring regions with a dinner and related events in 2020-21. Of course it is our intent to invite that year’s Rotary International President.

The Prez felt that in order to reflect on each Rotary Club we need to obtain additional local Rotary historical information. The Prez also indicated that she would be relying on people like Jack Tyler and Christopher Yeager to help



District Governor Elect and Past Governor Visit

Our visiting Rotarians consisted of the Marilyn Sanderson, past district governor (2016-2017) of Rotary District 5340 and Marta Knight District Governor Elect-Elect (2020-2021) for Rotary District 5340.

The District Governor has a scheduled visit at some future date and time.

President Kathy visiting with the District Governor Elect



Marta Knight and Past Governor Marilyn Sanderson after out meeting.

POT



Clifford Caldwell was the winner of this week’s drawing taking home \$11.00. However, he did not win the large pot which will be carried over to next week.